



Making health personal

THE SCIENCE OF PRECISION MEDICINE AND TRANSLATIONAL NUTRIGENOMICS CONFERENCE

REGISTER NOW! PRICE: 300MUR

1 December 2017 | Domaine de Labourdonnais, Mauritius

The first gathering in Mauritius of multi-disciplinarian health professionals to explore Precision Medicine and the clinical implementation of Translational Genomics.

MAKING HEALTH PERSONAL

In 2015, President Obama launched the Precision Medicine Initiative - a bold initiative to revolutionize how we improve health and treat disease. Until now, medicine has treated the 'average patient' with a one-size-fits-all approach. In contrast, **Precision Medicine** takes into account individual differences in people's genes, diet, environment, and lifestyle.

More recently, in the May 9, 2017 issue of JAMA, an article titled "Introducing Genomics and Precision Health" was published. In this editorial, author G. Feero concludes with "in the not-too-distant future, the coupling of sound science with an in-depth understanding of an individual's characteristics, environmental exposures, and behaviors to achieve good health will probably simply be called quality care."

The translation of genomics for clinical practice has become requisite for all health professionals. Translational Nutrigenomics demands that practitioners work together, refer to each other, and communicate with a common genomics language. For this reason, IMPACT Clinics will host the first Mauritius gathering of multi-disciplinarian health professionals to explore the evolution and delivery of Translational Nutrigenomics and Precision Medicine.

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To register visit <http://ctgcentre.com/ctg-impact-clinics-mauritius-symposium/>

SPEAKERS & TOPICS

THE ROLE OF TRANSLATIONAL NUTRIGENOMICS IN PRECISION NUTRITION by Dr. Yael Joffe PhD RD FACN

Genetic technologies are revolutionising health care. Today we know that rather than viewing our genetic make-up as a hand of cards that have already been dealt, we have the power to use the information encoded in our genes to help us make the best choices that will maximize our genetic and health potential. There is little doubt that the future of nutrition and medicine is unquestionably enmeshed with nutritional genomics. Growing consumer interest in this area is matched by the increasing number of clinicians claiming expertise in this field. Consumers need access to better resources in order to avoid the pitfalls currently confronting them. With the necessary training, health professionals are ideally placed to provide more appropriate advice.

About Dr Yael Joffe

In the rapidly-evolving discipline of Nutrigenomics, Dr Yael Joffe is acknowledged globally as an expert in the field. From her background as a dietitian, she obtained her PhD from the University of Cape Town. She is highly sought-after as a speaker for conferences and workshops, tailoring her presentations to the needs of clinicians. She has co-authored *It's not just your Genes*, *The SNP Journal*, and *Genes to Plate*, and has published on Nutrigenomics in peer-reviewed journals. She has also been involved in the development and supervision of Nutrigenomics courses around the world. Dr Joffe is currently an Adjunct Professor, teaching Nutrigenomics at Rutgers University, and teaches an online Translational Nutrigenomics course for health professionals. She is the founder of the CTG Centre in Cape Town, the CTG Network, and IMPACT Clinics.

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SPEAKERS & TOPICS cont.

UNDERSTANDING HOW MAJOR PROMOTORS IN SUSTAINED INFLAMMATION IMPACT PATIENT INTERVENTION by Dr. Ann Lannoye MD (Belgium)

Inflammation is a core cellular defense mechanism. It is well known that most chronic conditions are related to chronic, persistent inflammation. In this presentation Dr Lannoye gives an overview of the most important contributors to chronic inflammation and explores the opportunities for nutritional immunomodulation.

About Dr Ann Lannoye

Dr Ann Lannoye studied medicine and worked as a healthcare professional for 25 years, having her own nursing home for severely disabled elderly people. Through her work she became very conscious about the importance of prevention and a functional approach to disease. She started a series of complementary studies in the fields of Orthomolecular Medicine, Functional Medicine and Nutrition. She is currently in the middle of a 2-year course on Functional Neurology in the US at IAFNR.

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The Science of Precision Medicine and Translational Nutrigenomics PROGRAMME

8h45 - 9h30

Registration. Arrival tea/coffee

9h30 - 11h00

The Role of Translational Nutrigenomics in Precision Nutrition
by Dr. Yael Joffe PhD RD FACN

11h00 - 11h30

Tea and Culinary Genomic Exhibition*

11h30 - 13h00

Understanding how Major Promoters in Sustained Inflammation Impact Patient Intervention.
by Dr. Ann Lannoye MD (Belgium)

13h00

Lunch

* The Conference will also host a Culinary Genomics Exhibition which will display the fusion of nutrition science, genomic medicine and culinary arts.

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